



## Giuseppe

*Executive Chef | Restaurant Consultant | Culinary Coach*

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### Professional Profile

Chef with over 40 years of international experience in 5-star hotels, Michelin-starred restaurants, luxury cruise lines (Disney, Silversea, Seabourn), exclusive resorts, and private yachts. Excellence in refined Italian cuisine, team leadership, BOH/FOH staff training, and full management of high-pressure culinary operations.

Expert in:

- Refined Italian and Mediterranean cuisine
- Menu creation and standardization
- Food cost and quality control
- Kitchen and service team training
- Restaurant openings and consulting services

### Selected Professional Experience

- Freelance Executive Chef -Hamina FINLAND  
2024-2025
- Executive Chef  
*Hurtigruten Expedition Cruise Lines– Norway*  
2022–2023
- Executive Chef  
*Silversea Cruises – Miami/Monaco*  
2019–2022

- Executive Chef  
*Seabourn Cruise Lines – USA*  
2017–2019
- Group Executive Chef  
*Augustus Hotels & Resort 5\* – Forte dei Marmi*  
2019
- Executive Chef  
*Disney Cruise Line (Wonder & Magic) – USA*  
2008–2011
- Executive Chef  
*Club Med 2 – France*  
2015–2016
- Executive Chef  
*TsogoSun Hyde Park – Johannesburg*  
2012–2015
- Head Chef  
*Ristorante Santa Colomba – Rimini (1 Michelin Star)*  
1987–1991
- Owner & Head Chef  
*Chef Ristorante Italiano – Cape Town*  
2002–2007

### Certifications and Skills

- USPH 2018
- HACCP Hygiene Level 2
- Nutrition Certificate
- Bakery and Buffet Decoration Certificates (Morri, Angelini)
- Veganok Accredited
- Ebook: Formaggi Italiani, un viaggio. Amazon.it Nicolai G. Pareti

### Languages

Italian (native), English (fluent), French (good), Spanish (intermediate), Swahili (basic)

### Media and Publications

- Google search: Chef Nicolai Pareti
- Featured in: <https://www.wininganddining.co.za/.../chef-italian-restaurant...>
- Personal blog: <https://chefnicolaipareti.wordpress.com>

### Availability

European Passport | USA Visa C1/D1 valid until 2028  
Open for freelance collaboration, coaching, pre-opening.