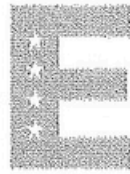


# Cynthia

Cook

Education & Training	Profile	Skills	Work experience
<p>Professional training in Culinary Arts and Gastronomy:</p> <p>European Master Diploma in Culinary Arts: Professional Training</p> <ul style="list-style-type: none"> <li>Euroinnova Business School (awarding institution)</li> <li>CIFP Villa de Agüimes (training center)</li> </ul> <p>Formal education:</p> <p>Upper Secondary Education – Humanities and Social Sciences</p> <ul style="list-style-type: none"> <li>Instituto Playa de Arinaga (Gran Canaria, Spain)</li> </ul>	<p>Responsible and detail-oriented, able to work independently and in a team. Professional and positive in interactions with guests and colleagues.</p> <p>Over 12 years of experience in professional kitchens.</p> <p>Skilled in high-quality hotel and restaurant cuisine, with knowledge of Scandinavian standards.</p>	<p>Languajes</p> <ul style="list-style-type: none"> <li>Spanish Native</li> <li>English A2 – B1</li> </ul> <p>Certificates</p> <ul style="list-style-type: none"> <li>European Food Handling Certification: High Risk</li> <li>European Food Safety Certification</li> </ul> <p>Cooking skills</p> <ul style="list-style-type: none"> <li>Breakfast, lunch and dinner service in hotel restaurants</li> <li>À la carte service</li> <li>Hot and cold food preparation</li> <li>Buffet</li> <li>Showcooking (live cooking)</li> </ul>	<p>Elite Palace Hotel, 2024-10 – 2026 (present)</p> <ul style="list-style-type: none"> <li>Hotel kitchen, breakfast buffet service, special diet meals, Swedish Julbord, restaurant food preparation</li> </ul> <p>Stockholm LIVE Catering, 2024-08 – 2025-08</p> <ul style="list-style-type: none"> <li>Catering kitchen, fast food, fried food</li> </ul> <p>Story Hotel Riddargatan, 2024-07 – 2024-12</p> <ul style="list-style-type: none"> <li>Hotel kitchen, breakfast buffet service, extras</li> </ul> <p>Double Biere, 2024-01 – 2024-05</p> <ul style="list-style-type: none"> <li>Restaurant kitchen, fast food, fried food, hot food preparation</li> </ul> <p>AQUA Hotels Barcelona, 2022-07 – 2023-11</p> <p>Hotel Silhouette &amp; Spa Hotel Aquamarina &amp; Spa Hotel Atzavara &amp; Spa</p> <ul style="list-style-type: none"> <li>Restaurant kitchen, breakfast buffet service, christmas table food, showcooking, salad preparation, desserts</li> </ul> <p>Omnia Restaurant Mataró, 2021-09 – 2022-06</p> <ul style="list-style-type: none"> <li>Restaurant kitchen, à la carte, desserts</li> </ul> <p>RIU Hotels Gran Canaria, 2012-07 – 2020-06</p> <p>Riu Palace Maspalomas Riu Palace Palmeras Riu Palace Meloneras</p> <ul style="list-style-type: none"> <li>Hotel kitchen, breakfast buffet service, showcooking, à la carte, salads preparation, desserts</li> </ul>



**ELITE HOTELS**  
**OF SWEDEN**

Stockholm, December 29th, 2025

**To whom it may concern,**

I am pleased to provide this letter of recommendation for **Cynthia** who worked in our kitchen as a **Breakfast Chef** from **October 1st, 2024** to **Januari 30th, 2026**. During this time, Cynthia demonstrated great professionalism, commitment, and loyalty to both the employer and the team.

Cynthia consistently delivered a high-quality breakfast experience for our guests and also showed flexibility by supporting other areas of the kitchen when needed, including lunch service and dinners for meetings and events. Her willingness to take responsibility and contribute beyond her regular duties had a very positive impact on our operations.

She is a reliable and cooperative team member who works in a structured manner, communicates effectively, and handles stressful situations with calm and professionalism. Cynthia has been a valued part of our team and has contributed to a positive work environment.

I warmly recommend Cynthia for future positions within kitchen and restaurant operations. She will be a great asset to any workplace, both through her professional skills and her dedication.

Sincerely,

Marie Ottosson  
Hotel Operations Manager

Elite Palace Hotel

Elite Palace Hotel, St Eriksgatan 115, 113 43 Stockholm, Sweden