



MD TARIQUL
Malmö, Sweden

Professional Profile

Passionate and results-driven Chef & Professional Pizzaiolo with over 10 years of international culinary experience across Sweden, Italy, and France. Skilled in à la carte cuisine, Neapolitan and Mediterranean pizza, banqueting, and grill specialties. Recognized for delivering exceptional dining experiences, working effectively under pressure, and leading teams with professionalism. Strong focus on quality, consistency, and guest satisfaction, with proven ability to adapt quickly in diverse hospitality environments.

Core Competencies

- Italian, Mediterranean & Scandinavian cuisine
- Neapolitan & gourmet pizza making
- À la carte dining & high-volume service
- Guest service excellence
- HACCP & food safety compliance
- Team leadership & staff training
- Kitchen organization & time management
- Flexibility & fast learning

Professional Experience

Mölle Krukmakeri – Mölle, Sweden

Sous Chef (Pizza & À la carte) | 2025 Ongoing

John Bull Pub & Restaurant – Lund, Sweden

Chef (À la carte & lunch) | 2025

Tanum Strand SPA & Resort – Grebbestad, Sweden

Chef Extra | 2025

VIA NAPOLI (ANP) – Malmö, Sweden

Pizza Chef | 2025

Restaurang Ved & Restaurang MÁŠ – Lund, Sweden

Chef à la Carte & Pizza (Extra) | 2025

Clarion Hotel & Congress Malmö Live – Malmö, Sweden

Chef à la Carte | May 2024 – Dec 2024

Steakhouse Lilla Torg AB – Malmö, Sweden

Grill Cook | Sep 2023 – Feb 2024

ESS Hotel Group, Falkenberg Strandbad – Sweden

Chef à la Carte & Pizza (Summer role) | Jun 2023–Aug 2023

Nordic Choice – Quality Hotel View – Malmö, Sweden

Chef à la Carte & Conference | Sep 2022 – Mar 2023

Piazza Navona, Rome, Italy

Cook & Pizza Maker | Feb 2017 – Feb 2020

Boscolo Hotel Group, Exedra – Rome, Italy

Breakfast & Kitchen Chef | 2016 – 2017

Eiffel Tower Restaurant – Paris, France

Cook à la Carte & Pizza | 2015 – 2016

Base Logistics (Military) – Riva del Garda, Italy

Kitchen Assistant | 2014

Royal Hotel Group, Rome, Italy

Hotel Staff | 2012 – 2013

Family Work – Dhaka, Bangladesh

Agricultural Farmer | 2005 – 2012

Education & Training

- Swedish Language Course (SFI) – Malmö, Sweden | 2024 – Present
- Apprenticeship Chef Training Course – Lazio Region, Rome | 2020
- HACCP Certification – Lazio Region, Rome | 2018
- Master Pizzaiolo Course – Rome | 2016
- Higher Secondary Certificate (Science) – Dhaka, Bangladesh | 2009 – 2012
- Secondary School Certificate (Science) – Dhaka, Bangladesh | 2005 – 2009

Languages

- Bengali – Native
- English – B1 (Intermediate)
- Italian – B1 (Listening & Speaking), A2 (Writing)
- French – Basic
- Swedish – Basic (Ongoing SFI course)